



Holy Spirit Catholic Parish A Welcoming Community

1489 Shea Road, Stittsville, ON K2S 0G8
Phone: 613-836-8881 Fax: 613-836-8806
Web: www.holyspiritparish.ca

PASTORAL TEAM

Monsignor Joseph Muldoon, Pastor, pastor@holyspiritparish.ca
Sean Flynn, Youth/Sacramental Coordinator, youth@holyspiritparish.ca
Administrative Assistant, admin@holyspiritparish.ca

OFFICE HOURS: Monday to Friday 9:00 a.m. - 12:00 p.m.; & 12:30 p.m. - 3:30 p.m.

SUNDAY EUCHARIST

Saturday - 5:00 p.m.
Sunday - 9:00 a.m. & 10:30 a.m.

WEEKDAY EUCHARIST

As indicated in the weekly calendar.

RECONCILIATION

As indicated in the weekly calendar, with a communal celebration in Lent, and at other times by appointment.

BAPTISMS

Baptisms are celebrated throughout the year. Please introduce yourself to the pastor after mass. See parish website for further information.

MARRIAGE

Please make an appointment with the pastor as soon as a decision is made to marry. A minimum of nine months notice is required. Please make no other arrangements until a date is confirmed with the parish. A marriage preparation course, offered in our pastoral region, is required.

CATECHESIS OF THE GOOD SHEPHERD

Kim Baudouin 613-884-8475

PASTORAL CARE

A Pastoral Care Team visits sick or elderly members of the parish in their homes or in hospital. To arrange for Communion, the Sacrament of the Sick, or a visit, please contact the Pastor.

CATHOLIC WOMEN'S LEAGUE

Marilyn Foote Pollock, President 613-836-9839

KNIGHTS OF COLUMBUS

Joseph Carbonetto, Grand Knight 613-831-0411

PARISH FINANCE COUNCIL

Alex Golob, Chair 613-410-1896

OUR CATHOLIC SCHOOLS

Guardian Angels Elementary 613-836-7423
Holy Spirit Elementary 613-831-1853
St. Stephen Elementary 613-831-8844
Sacred Heart High 613-831-6643



PARISH REGISTRATION: If you are new to our Parish Community, please fill out this form and put it in the collection basket.

Names: _____

Email: _____

Address: _____ Postal Code: _____

Phone Number: _____

SIXTH SUNDAY OF ORDINARY TIME



Feb 13 – 6th Sunday in Ordinary Time

Jeremiah 17.5-8
1 Corinthians 15.12,16-20
Luke 6.17,20-26

Feb 20 – 7th Sunday in Ordinary Time

1 Samuel 26.2,7-9,12-13,22-25
1 Corinthians 15.45-49
Luke 6.27-38

Parish Calendar

Sat, Feb 19 5:00 pm Mass
Sun, Feb 20 7th Sunday in Ordinary Time
9:00 am Mass
10:30 am Mass
and MASS will be available on the church
website: www.holyspiritparish.ca

Alternative Weekday Masses available at:
St. Martin de Porres, Richmond Rd, Bells Corners
Wednesday to Friday at 8:30 am
Holy Redeemer, Rothesay Dr, Kanata
Monday to Friday at 9:00 am

PRAYER FOR SPIRITUAL COMMUNION My Jesus, I believe that You are present in the Most Holy Sacrament. I love You above all things, and I desire to receive You into my soul. Since I cannot at this moment receive You sacramentally, come at least spiritually into my heart. I embrace You as if You were already there and unite myself wholly to You. Never permit me to be separate from You. Amen.

To all the parishes' generous faithful Thank you to all who donate to the ongoing operation of the parish. Please bring your donation in the form of a cheque in an envelope with your name and envelope number. This can be dropped off in the office mailbox between 9am and 3pm Monday to Friday. Safety protocols are being followed. For e-Transfer, please send it to admin@holyspiritparish.ca and use the password "Holyspirit". We currently have a significant number of parishioners who contribute via bank auto debit. If you would like more information about the program or wish to participate, please contact the Parish Office at 613-836-8881 or email admin@holyspiritparish.ca.

PRAYER FOR VOCATIONS That all those called to follow Jesus in the priesthood or consecrated life will allow the Holy Spirit to strengthen them each day in their vocation, we pray to the Lord.

Did you know? The readings, prayers and homily of the Liturgy of the Word prepare us to celebrate the Liturgy of the Eucharist; the Liturgy of the Eucharist is the reason why we celebrate the Liturgy of the Word. Both are essential.

Living with Christ Feb 2022

Countdown for Lent – Ash Wednesday is Approaching!
Lent begins on March 2nd. Lent is a time of repentance, change of heart, and prayer. Lent is a time to take stock of where we are on our spiritual journey. It is a moment to check our spiritual bearings and take any action that will keep us moving in the right direction. Take time this Lent to engage with scripture and reflect on different aspects of your spiritual life.

Mass Intentions

Sat, Feb 12 – 5:00 pm
Intentions of Dalrymple Family & †Cecile & †Henry St-Cyr
by Linda Dalrymple
†Phil & †Josh by Joan & Family
†Leonard Desjardine by Ann & Bob Ryan
Sun, Feb 13 – 9:00 am
For the intentions of all parishioners
Sun, Feb 13 – 10:30 am
†Peter Rumleskie by Sandra Cybulski
†Emma Caicco by Joe & Donella Gabriele
†Ethel & †Ed Piitz by Lois

Sat, Feb 19 – 5:00 pm
†Maria Teresa & †Jose Chavolla and †Marina & †Carlos
Wolf by Veronica W & Daniel C
†Olivette St. Amour by Nicole Nadeau
Sun, Feb 20 – 9:00 am
For the intentions of all parishioners
Sun, Feb 20 – 10:30 am
†Ross Pollock by Marilyn & Family
†Madeleine Robillard by Mama, Papa & Family

Please pray for those who are sick: Jayne, John, Marlene, Philippe, Connie O'Brien, Sylvia Keyworth

Please pray for those who have died: †Jerry Gauvreau Sr., father of Father Jerry Gauvreau Jr.; †John Curry

†Indicates Deceased

Archbishop Marcel Dampousse has decided to remove the requirement from the WorshipSafe Guidelines that called for the collection of names and contact information of those who attend religious services (effective immediately).

Indoor or outdoor Meetings and Gatherings are also no longer required to collect names and contact information.

HUMOR: A man goes to a racetrack. He starts watching and notices that a priest is down at track level before each race. He blesses a horse and then notices that the blessed horse is the winner. This happens several times. When he sees this happen again, he runs to the betting office and places all his money on the horse.

When the race starts the horse bolts out of the gate but soon collapses dead from a heart attack.

So, the man goes down to track level and finds the priest. "What happened? Every other time you blessed a horse it won. This one died!"

The priest replied, "That's the problem with you Protestants. You don't know the difference between a blessing and the Last Rites!"



Word from the Pastor

Jesus said, “Blessed are you who are poor, for the kingdom of God is yours.” As Jesus announced, the blessings of the kingdom are already present to his disciples – but not fully. Thus, his Beatitudes stir up hope and form our way of thinking and acting as we wait for the fullness of God’s Reign. We persevere in our struggles to live as members of God’s community and we pay special attention to those in need, those Jesus has called ‘blessed’. What norms do I use to measure ‘success’ in life? How would those norms measure up to the Beatitudes? Or, are they among the ‘woes’ Jesus rejects?

The Retreat Week begins February 14. The weekday masses will be cancelled as of Monday, February 14 and will resume on Tuesday, February 22 at 9:00am. Please welcome Father Peter Taylor who will celebrate the weekend Eucharist. Father Peter is from the diocese of Middlesbrough, England and is studying for a Licence in Canon Law at St. Paul University.

The Eucharist is Service. St. Catherine of Siena offers this description: The Father is the Table, the Son is the Food and the Holy Spirit is the Waiter. All three are facets of the ‘Service’ that God provides in offering the hospitality that makes us One, a community united in Love. The Eucharist is the font and summit of the reality of Divine Merciful Love revealed in Jesus Christ, the Suffering Servant. The Holy Spirit transforms both water and wine into the Real Presence but also the community into servants who are charged to set the table, offer the Bread of Life and be waiters at an inclusive table where all of humanity are invitees.

Please note that Communion is given in the hand only at all Masses.

Please note that there will be Zero Tolerance for offensive or abusive behaviour toward Staff or anyone in the Parish.

Thank you to all the devoted volunteers who gave of their time to assist in the attendance contact tracing.

Monsignor Joseph Muldoon

INCOME TAX RECEIPTS 2021

Official Donation Receipts for Income Tax Purposes for 2021 are being prepared for all donations received and deposited in the church bank accounts in 2021. Any donations deposited after 2021 will count toward receipts for 2022.

If you wish to receive yours by mail, please drop off a self-addressed stamped envelope at the parish. Receipts will be mailed out on February 28, 2022. Thank you to everyone for your financial contributions throughout the year. Your generosity is sincerely appreciated.

Take Five for Faith: Daily renewal for busy Catholics
And you visited me Most of us probably thought (and hoped and prayed) the pandemic would be over by now, but COVID-19 is sticking around in 2022. As weary as we all are of it, we need each other as much as ever for support. Look no further than the corporal and spiritual works of mercy for guidance on helping others in ways that are safe and particularly useful right now. Visit the sick—if not literally, by grocery shopping or cooking for someone ill, or by reaching out to exhausted healthcare workers you know. Need tips on the other works specific to our times? Visit the Catholic bishops’ resource page, [The Corporal and Spiritual Works of Mercy During the COVID-19 Pandemic.](#)

“They scurried about the surrounding country and began to bring in the sick on mats to wherever they heard he was.”

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Sharing Synod Videos: We want to share your experiences of the Synod with others in the Archdiocese. If you wish to share short videos (approx. 3 minutes) you can find more info at this link: www.en.archoc.ca/synod-videos.

Canadian Bishops, Assembly of First Nations, Métis National Council, and Inuit Tapiriit Kanatami Announce Rescheduled Dates for Rome Delegation: The delegation originally planned for December 2021, is now scheduled for March/April 2022. The Holy Father is scheduled to meet with individual Indigenous delegations the week of March 28 and a final audience with all participants will take place on Friday, April 1.

Alpha for Seniors: Explore Life, Faith & Meaning. Sessions beginning **Tue, Feb 15, 3:00 pm** via Zoom. Free; all seniors welcome. To register: www.eventbrite.ca/e/alpha-for-seniors-tickets-247364954237. If you have questions, or if you’d like to help as a small group host or helper, email Rob at: seniors@annuciation-ottawa.com.

New Life Retreat: A life-changing, faith-building experience. **Monday evenings, Feb 14 – Apr 4** via Zoom. Info & registration: www.stmarysottawa.ca/new-life-retreat; new-life-retreat@stmarysottawa.ca.

Lenten Retreat: Dr. Josephine Lombardi will be the guest speaker for a virtual retreat hosted by Queen of the Most Holy Rosary parish. Virtual, **Wed, Mar 9, 7-9 p.m.** Info: ottawaholyrosary@gmail.com.

St. Patrick Church Fallowfield Take-Out Ham Dinner: Hosted by the Knights of Columbus Council #11271, **Sun, Feb 20, 4:30-6:30 pm**. Dinner includes: Ham, Scalloped Potatoes, Carrots, Baked Beans, Bun, and Pie. Take out only; 200 tickets available. Tickets: \$20 each; available until Feb 16 or until sold out; purchase at the Parish Office or online (www.forms.gle/m7WS7wxU3GdioEAF6). Info: Steve Nother (slnother@hotmail.com).

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